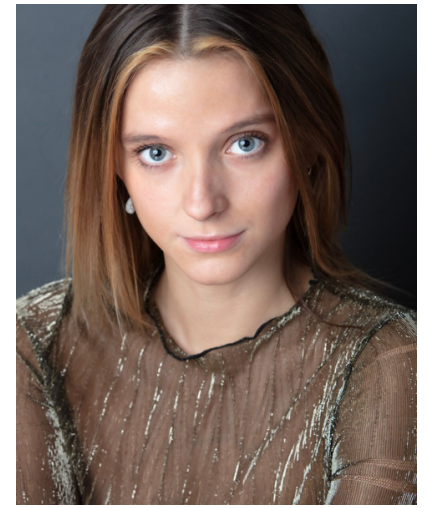


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Cara Steele



© Trevor Leighton

Location	Greater London	Eye colour	Blue-Grey
Height	172 cm	Hair colour	Blond(e)-Dark
Weight	56.00 kg	Hair length	Mid Length
Playing age	18 - 28		
Appearance	Eastern European, Scandinavian, White		

Currently filming as Millie in THE WATCHERS, dir. I. Night Shyamalan, 2023. Filming Dali, dir. Mickey Angelov, September 2023. Performing as Sarah in THE NAG'S HEAD at Park Theatre, from the 17th-28th October, 2023. Tickets can be found at <https://parktheatre.co.uk/whats-on/the-nags-head/book>.

Accents	American-California, American-New York, American-Southern States, American-Standard, Cockney, English-Standard, Essex, French, Heightened RP, Irish RP, Liverpool, London, Manchester, Northern, RP*, Russian, West Country
Languages	French
Music & dance	Alto, Choral Singing, Contact Improvisation, Contemporary Singing, Dance (general), Laban, Singing (general), Waltz
Performance skills	Actor-Singer, Audio Drama, Children's Theatre, Comedy, Laban Training, Physical Theatre, Viewpoints
Sports	Rollerblading, Swimming, Yoga*, Yoga Teacher*, Yoga Therapist*
Voiceover	Voice Acting, Voice Over

(* = highly skilled)

Film

2023, THE WATCHERS, Spire Film Productions, Ishana Night Shyamalan
2023, ANNE, DeMalbysse Productions, Steve Baldwin
2022, SESHROKHA, Roadshows Films @ Tollywood, Sudhesna Roy & Abhijit Guha
2021, RESHAPED, Elicit Pictures, Stephan Pierre Mitchell
2021, THE SWIMMERS, Netflix, Sally El Hosaini
2019, 3 WOMEN, DCL Films, Tom Shkolnik
2007, ST TRINIAN'S 2: THE LEGEND OF FRITTON'S GOLD, Ealing Studios, Oliver Parker

Commercial

2023, ANNE BOLEYN X LOVE ISLAND, Hypercut, Tom Elwes, Fred Barber
2023, MONESE, Hypercut, Tom Elwes, Fred Barber
2021, THE COCKTAIL MAN, Karate Pictures, Lydia Durkin
2021, Pizza Girl, DOMINO'S YODEL, Domino's, Tom Brown

Stage

2023, THE NAG'S HEAD, Norwich Theatre Royal, Alice Chambers
2023, THE CO-OP, English Theatre of Hamburg, Make It Beautiful
2022, THE HANGING GIBBET, Norwich Theatre Royal, Jez Pike

2022, THE CO-OP, Park Theatre, Make It Beautiful
2022, THE SILENT WOMAN, Savage Kid TC, Al Goulem
2021, OUR LITTLE LIFE, Pocket Studio Teater, Ljubljana, Slovenia, Make It Beautiful
2021, THE NECKLACE, The Exchange Theatre, Keith Wait
2021, THE DREAM MACHINE, The Space Theatre, Make It Beautiful
2021, A KIND OF PATERNAL LOVE, White Bear Theatre, Phoebe Clothier
2021, THE CO-OP, The Brockley Jack Studio Theatre, Make It Beautiful
2019, THE CO-OP, Waterloo East Theatre, Make It Beautiful
2019, TENDER, Drama Centre London, Roisin Rae
2019, THE WINTER'S TALE, Drama Centre London, Georgina Sowerby
2019, AUGUST: OSAGE COUNTY, Drama Centre London, Aoife Smyth
2019, UNCLE VANYA, Vakhtangov Theatre, Valentin Stasyuk
2019, DUCHESS OF MALFI, Drama Centre London, Ben Askew
2018, THIS RESTLESS HOUSE, Drama Centre London, Georgina Sowerby
2018, LOVEPLAY, Drama Centre London, Dewi Johnson
2017, MEAT, Jenny Productions, Edinburgh Fringe, Finn Burge
2016, PLAYING THE GAME, UCLU, Kate Constable-Maxwell

Voice Over

2022, Video Game Female, SOHONET, Dirty Films & The Croc, Nick Watmough & Ben Parkin
2022, Animals, DEVELOPMENT PRODUCTION, Oxford Scientific Films, Andy King
2021, Ashley, PANORAMA: DRUGS, COPS AND LOCKDOWN, BBC, Pip Clothier

Music Video

2019, Cool Girl, SPEEDY COKE, Pineapple Whale Cloud, Ali Bla Bla
2019, Girlfriend, WHAT FOR, Archie Faulks

Rehearsed Reading

2022, Queen, BEAUTY AND THE BEAST, Laurence Boswell

Training

Boris Shchukin Theatre Institute, 2 months, 2019

Drama Centre London, MA Acting, 1 year, 2018-2019

University College London, BSc Anthropology, 3 years, 2015-2018